



Frequent Nighttime Urination in Men

Results of Topic Selection Process

The topic, *Frequent Nighttime Urination in Men*, reflects a common concern for men. While nocturia is an important issue, we were not able to assess this nomination because of the limited detail about the population and underlying conditions of interest. No further activity will be undertaken on this topic.

Nomination

Topic Number: 06620

Received On: 01/15/2016

Topic Name: Frequent Nighttime Urination in Men

Nominator: A Patient

Nomination Summary: The nominator states that for men, sleeping with, and urinating into a 2-liter bottle is an effective non-pharmacologic solution for nocturia and poor sleep.

Key Questions from Nomination: None provided

Policy and/or Clinical Context from the Nomination: Many men experience poor sleep due to frequent urination at night.

Individuals and Organizations for Consultation from the Nomination: The nominator provided the following organizations for consultation, should the topic go forward as a systematic review.

Organizations:

- Health and Human Services
- FDA

Nomination

Topic Suggestion Description

Date submitted: 01/15/2016

Briefly describe a specific question, or set of related questions, about a health care test or treatment that this program should consider.

Urinary Good news Millions of Men all Over the World Can Finally Sleep Through the Night Should Thanks to this new amazing Discovery No more most effective natural prostate health supplements and drags ever. No more awake and trudge to the bathroom. So Guys. Find time and money and go to nearest grocery store. For 2 or 3.00 buy 2 liter or 2 quarts any juice you like in rigid see thru plastic brick shape bottle. Focus on that neck of the bottle should be large enough that you can thrust into your penis while being lie up sidewise in your bed and pee as mash as long as frequent as you like under your blanket. And simultaneously snore and pee as much as long as frequent as you want. No more drag supplements and visit to quacks offices. Save money sleep better.

Importance

Describe why this topic is important.

The simplest way to get relief from frequent bathroom trips. It is my new urinary. Period It has changed the way Americans and other guys worldwide deal with poor sleep. Some men over the age of 50 still weren't getting the deep restful sleep that other my new urinary user were enjoying.

Potential Impact

How will an answer to your research question be used or help inform decisions for you or your group?

It didn't take long for me to identify the problem these men were all experiencing urinating issues causing them to wake up to use the bathroom several times a night. It wasn't just the 100 seconds or so that these men were actually awake and going to the bathroom that was harmful it was the interruption of their sleep cycle that caused them all to feel so tired and sluggish the next day. High blood pressure full urine in bladder pain in abdomen est. My team of sleep researchers worked to figure out how we could help men with urination issues get the help they needed to sleep through the night.

Technical Experts and Stakeholders

Are there health care-focused, disease-focused, or patient-focused organizations or technical experts that you see as being relevant to this issue? Who do you think we should contact as we consider your nomination? This information will not influence the progress of your suggestion through the selection process, but it may be helpful to those considering your suggestion for further development.

Health and human service FDA MAUDE Adverse Event Report and
<http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfmaudedetail.cfm?mdrfoiid4226448>

Nominator Information

Other Information About You: (optional)

Please choose a description that best describes your role or perspective: (you may select more than one category if appropriate)

Patient

Please tell us how you heard about the Effective Health Care Program

effectivehealthcare.ahrq.gov/index.cfm/submitasuggestionforresearch

May we contact you if we have questions about your nomination?

Yes